

# Child Enrichment Center

## Daily Schedule – Infant & Toddler

<b>8:00 am - 8:30 am</b>	<b>Welcome and Free Play</b> (cognitive, social emotional, physical, social communication, self-help, independence)
<b>8:30 am - 9:00 am</b>	<b>Pick-Up, Wash Hands, Breakfast</b> (self-help, independence, fine-motor, social emotional, social communication)
<b>9:00 am - 10:00 am</b>	<b>Free Play</b> (cognitive, social emotional, physical, social communication, self-help, independence)
<b>10:00 am - 11:00 am</b>	<b>Outdoor Exploration</b> (physical, social emotional) or <b>Indoor Physical Activities</b> (during inclement weather)  *During nice weather we will extend the length of outdoor play
<b>11:00 am - 11:15 am</b>	<b>Transition to Inside, Wash Hands,</b> (self-help, independence, fine-motor, social emotional, social communication)  <b>Music and Movement for Older Kiddos</b> (social emotional, social communication)
<b>11:15 am – 11:45 am</b>	<b>Lunch</b> (self-help, independence, fine-motor, social emotional, social communication)
<b>11:45 am – 12:00 pm</b>	<b>Wash Hands, Story, Book Exploration</b> (self-help, independence, fine-motor, social emotional, social communication)
<b>12:00 pm – 2:00 pm</b>	<b>Nap</b>  <b>Free Play for Children Awake</b> (cognitive, social emotional, physical, social communication, self-help, independence)
<b>2:00 pm – 2:15 pm</b>	<b>Wake Up and Wash Hands</b> (self-help, independence, fine-motor, social emotional, social communication)
<b>2:15 pm – 2:45 pm</b>	<b>Snack</b> (cognitive, social communication)
<b>2:45 pm – 2:55 pm</b>	<b>Wash Hands, Transition Outside</b> (self-help, independence, fine-motor, social emotional, social communication)
<b>2:55 pm - 3:45 pm</b>	<b>Outdoor Exploration</b> (physical, social emotional) or <b>Indoor Physical Activities</b> (during inclement weather)  *During nice weather we will extend the length of outdoor play
<b>3:45 pm to 4:00 pm</b>	<b>Transition to Inside, Wash Hands, Book Exploration</b> (cognitive, social emotional, physical, social communication, self-help, independence)
<b>4:00 pm</b>	<b>Goodbyes and Departure - Preparing our belongings and saying goodbye to our friends</b> (self-help, independence, social communication)

**\*Infants under one year eat, drink, and sleep according to demand.**

**\* Older children have a slightly more structured routine.**

**\* Schedule is flexible – our team follows the kiddo’s cues!**

